

10th Annual
ST. JOE RIVER RACES

September 28th, 2013

The 10th year of **Canoe and Kayak Races on the St. Joe River** in South Bend!

- **Solo Paddling Race** – 3 and 7.2 mile solo paddling events in the morning.
- **Team Paddling Race** – 3 and 7.2 mile team paddling events in the afternoon.

New for 2013

- **Biathlon (Run-Paddle Challenge)** – Winners based on cumulative time between 5K run and 3-mile paddle. Paddle may be completed solo or as a team at 10am. Special recognition for “Iron People” who complete all races.
- **5K Running Race** – Running course may be completed alone without participating in paddling events.
- **Registration at Park Pavilion** – North side of street with bathrooms. Park in lot by softball diamonds. Temporary parking and loading in launch area.

Schedule of Events

7:30 AM – Registration Opens
8:30 AM – Pre-Race Meeting
8:45 AM – 5K Running Race Start
10:00 AM – 3 Mile & 7.2 Mile Solo/Biathlon Paddling Race Start*
12:00 PM – Run-Paddle Challenge and Individual Awards
1:00 PM – 3 Mile & 7.2 Mile Team Paddling Race Start**



Run Course Description: Race starts and finishes in Veteran’s Park boat launch parking lot. Starts heading west (downstream) on river walk 1.5 miles to Howard Park footbridge turnaround.

Paddling Course Description: Race starts and finishes at the Veterans Park boat launch. All racers begin downstream to Howard Park footbridge turnaround. All racers return to boat launch for 3-mile finish time. 7.2-mile racers continue upstream around Kamm’s Island (counterclockwise) and return to boat launch for finish.

***Solo classes include:**

Racing Canoe – C1 (USCA specs)
Production Canoe (most other canoes)
Open Racing Kayak – K1 (ICF and Unlimited)
Other Racing Kayaks as necessary (USCA specs)
Recreational Kayak (plastic, short, heavy)

****Team classes include:**

4 Person Canoe or Kayak – C4, K4 (Unlimited)
2 Person Canoe – C2 (Pro Boats/Racing Canoes)
2 Person Rec Canoe – (aluminum and non-racing canoes)
Family Class – (more than 2 family members)

Entry fee - \$20 per person (covers all races)

Register Online - <http://tinyurl.com/2013-RaceRegistration>

For more information and course maps visit: <http://tinyurl.com/StJoeRiverRaces>
Or contact Matt Meersman at: paddleheadz@gmail.com or 574-289-1101

Proceeds benefit the Friends of the St. Joe River Association (www.FotSJR.org)